

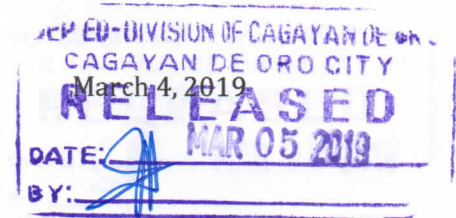
Republic of the Philippines
Department of Education
Region X



DIVISION OF CAGAYAN DE ORO CITY

Fr. William F. Masterson, S.J. Avenue, Upper Balulang, Cagayan de Oro City

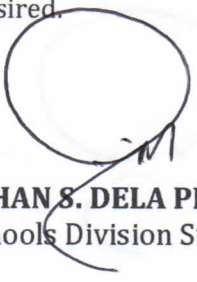
DIVISION MEMORANDUM
NO. 179, s 2018

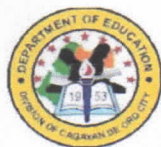


**MEDICAL-DENTAL CHECK-UP SCHEDULE FOR
REGIONAL MEET ATHLETES**

TO: **ALL ELEMENTARY and SECONDARY ADMINISTRATORS
COACHES, CHAPERON, and TRAINERS
PUBLIC and PRIVATE SCHOOLS
ALL HEALTH PERSONNEL
This Division**

1. All official Elementary athletes, Secondary athletes, Coaches and Trainers identified to participate in the year 2019 PALARONG PAMBANSA are hereby informed to prepare one copy of Medical form and two copies of Dental form using the official template.
2. All PALARONG PAMBANSA participants are **directed to observe your assigned schedule.**
3. Enclosed is the Medical-Dental Check-up schedule.
4. Compliance to this memorandum is desired.


JONATHAN S. DELA PEÑA, Ph.D., CESO V
Schools Division Superintendent



MEDICAL-DENTAL CHECK-UP
For Year 2019 ATHLETES
PAMBANSANG PALARO

DATE	TIME	EVENTS	# OF PARTICIPANTS	HEALTH PERSONNEL	
March 6 Wednesday	8:00 am	Basketball E/B	13	Dr. Baldomero Mark B. Meso III Dr. Jamcel A. Chacon Ma. Isabel T. Chaves WEST I EAST II NORTH II	
	9:00 am	Basketball S/B	13		
	10:00 am	Pencak Silat G	6		
	11:00 am	Basket 3x3 S/G	<u>5</u>		
			37		
	1:00 pm	Badminton E/G	5		
	Badminton S/B	5			
	Badminton S/G	5			
2:00 pm	Boxing (S)	11			
3:00 pm	Arnis S/G	<u>6</u>			
		32			
March 7 Thursday	8:00 am	Futsal (S)	19		Dr. Baldomero Mark B. Meso III Dr. Jamcel A. Chacon Ma. Isabel T. Chaves SOUTH CITY CENTRAL NORTH II
	9:30 am	Wrestling E/G	9		
	10:30 am	Football (S)	<u>19</u>		
			47		
	1:00 pm	Swimming S/B	11		
	2:00 pm	Taekwondo S/G	11		
3:00 pm	Volleyball E/G	<u>13</u>			
		35			
March 8 Friday	8:00 am	Pencak Silat (G)	6	Dr. Baldomero Mark B. Meso III Dr. Jamcel A. Chacon Ma. Isabel T. Chaves WEST II NORTH I EAST I	
	8:30 am	Dance Sport E- Juvenile Latin	5		
	9:00 am	Table Tennis	13		
	10:30 am	Sepak Takraw E/B	<u>5</u>		
			29		
	1:00 pm	Gymnastics MAG	4		
		Gymnastics WAG	4		
		Gymnastics RG	4		
	2:00 pm	Chess E/G	3		
	2:30 pm	Earogymnastics (S)	<u>5</u>		
		20			

Please strictly follow the schedule (8:30-11:00 A.M./ 1:00-4:00 P.M)

Prepare the following:

APPROVED:

JONATHAN S. DELA PEÑA, Ph.D., CESO V
Schools Division Superintendent